

### **DERMAPLANE AFTER CARE**

Avoid any trauma to the skin for up to 2-5 days.

There may be redness for 1-3 days after the treatment.

Avoid direct sun exposure and tanning beds. Always use sunscreen SPF 30 or higher when going outside.

Avoid any irritants to your skin, such as any products containing Retin-A, retinol, benzoyl peroxide, glycolic, salicylic acids, astringents, Polysporin or Vitamin C for 1 day after treatment.

Avoid picking or scratching the treated skin to achieve your best results. If any scabbing occurs, treat with Vaseline or antibiotic cream.

Avoid tweezing, waxing, shaving, bleaching or laser services within 5-7 days of the treatment.

Makeup may be used after the treatment. Keep the area moist. Any moisturizer without alpha-hydroxy acids is acceptable.

Patient may shower after the procedure in tepid water. The treated area may be washed gently with a mild soap. Skin should be patted dry and NOT rubbed.

If there is no irritation, resume usual home care products.