

Groot's Cream

Name: _____ Birthdate: _____

Address: _____

Phone Number: _____ Email: _____

Month 1:

Hydroquinone 8%; Hydrocortisone 1%; Retin A 0.01%; Vitamin C 0.05%; Kojic Acid 5%

#30 grams

Apply qhs for 1st month. Do not use the morning of your procedure.

Restart 3 days after procedure.

Month 2:

Hydroquinone 6%; Hydrocortisone 1%; Retin A 0.01%; Vitamin C 0.05%; Kojic Acid 5%

#30 grams

Apply qhs for 2nd month. Do not use the morning of your procedure.

Restart 3 days after procedure.

Month 3:

Hydroquinone 4%; Hydrocortisone 1%; Retin A 0.01%; Vitamin C 0.05%; Kojic Acid 5%

#30 grams

Apply qhs for 3rd month. Do not use the morning of your procedure.

Restart 3 days after procedure. Prior to running out, please contact RMD for further instructions.

No substitutions, No refills.

Signature: _____

Dr. Tianna Tsitsis Dr. Kerry Day Krusniak Dr. Monira Vakil Cassandra Rommel, ARNP