

ELECTRODESSICATION AFTER CARE

Patient response can vary after an electrodesiccation treatment. Erythema (redness) can be noted within a few minutes after the completion of the procedure. A slight burn sensation in and around the area treated is also normal and expected. These reactions tend to subside within 1-4 hours after the treatment. The treated area must be treated with care. **BE GENTLE!** Do not scratch or pick at your skin.

1. Until sensitivity has completely subsided, avoid all of the following:

- Use of scented lotions or soaps, exfoliant creams (Retin-A, glycolic/salicylic and alpha-hydroxy acids), acne creams or gels, loofa sponges and aggressive scrubbing
- Hot or cold water - wash with tepid water
- Shaving
- Swimming pools and spas with multiple chemicals/chlorine
- Activities that cause excessive perspiration

2. A cold compress or an ice pack can be used to provide comfort if the treated area is especially warm. This is rarely needed but if so, usually within the first 4 hours after the treatment.

3. Vitamin E or Aloe Vera applied to the treatment area may provide a soothing effect.

4. Post treatment discomfort is typically minimal but if the area is very uncomfortable, oral pain relievers; i.e. Extra Strength Tylenol or Advil, may be used.

5. You can apply an antibiotic ointment twice a day. Watch for redness expanding from the treatment site. Notify Dr. Tsitsis immediately if you see this.